

**The Other 8 Hours: Maximize Your Free Time To  
Create New Wealth & Purpose**

**By Robert Pagliarini**

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Morning time just became your new best friend. the morning hours before work may be the key to a successful and healthy lifestyle. found in many CEOs, government officials, and other influential people. 7 Ways To Make It A Habit Maximize your potential by mapping out your schedule for the day,

<https://www.forbes.com/sites/.../5-things-super-successful-people-do-before-8-am/>

The Other 8 Hours: Maximize Your Free Time to Create New Wealth & Purpose by I wanted to pass along these books to other professional women so I am

<https://www.pinterest.com/pin/77264949829224969/>

they believe the purpose of business should be and Millennials represent an increasing share of the workforce the other generations to corner the largest share of the 44 percent when the time frame is expanded to two years. . to ensure a new generation of business leaders is created. . wealth creation (+13).

<https://www2.deloitte.com/content/.../gx-millennial-survey-2016-exec-summary.pdf>

At the same time, the myth-making power of the human mind is now It snowballs adding new pleasing facts and hypotheses as it rumbles over the . In other words, the only known healthy alternatives are: (1) a single 6-8 hours . Well-entrained free-running sleep is still your best bet for maximum cognitive performance.

<https://www.supermemo.com/en/articles/polyphasic>

Robert's third book, The Other 8 Hours: Maximize Your Free Time to Create New Wealth & Purpose (www.other8hours.com), lays the foundation and the strategy

[www.huffingtonpost.com/author/robert-pagliarini](http://www.huffingtonpost.com/author/robert-pagliarini)

And if your area has a higher rent-to-price ratio, sometimes referred to as the The bottom line is, it's just another way to trade time for money. .. This would have resulted in owning the properties free and clear in about 8 – 10 years. .. and thinking about buying a property or 2 for rental income purposes.

<https://www.mrmoneymustache.com/2011/05/23/get-rich-with-owning-rental-houses/>

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<https://www.amazon.ca/Other-Hours-Maximize-Create-Purpose/dp/B008SLKTSG>

The Other 8 Hours: You Sleep 8. You Work 8. Now Maximize Your Free Time to  
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by Pagliarini, Robert and a great selection of similar Used, New and Collectible  
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Robert has spent nearly two decades demystifying saving, investing, and was The  
Other 8 Hours: Maximize Your Free Time to Create New Wealth & Purpose  
[suddenwealthsolution.com/about-the-author/](https://suddenwealthsolution.com/about-the-author/)

9 tips to stop caring what others think Stop letting fear and anxiety prevent you  
from sharing your creativity or from being the person you (Robert Pagliarini is a  
CBS MoneyWatch columnist and the author of "The Other 8 Hours: Maximize  
Your Free Time to Create New Wealth & Purpose" and the national  
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Perhaps the source of Buffett's true wealth is not just the To build your own  
intellectual capital, here are six compound time . Theodore Roosevelt read one  
book a day when busy, and two to three a day when he had a free evening. Others  
use experiments to force them to take on new habits or break  
<https://medium.com/.../why-successful-people-spend-10-hours-a-week-on-compound...>

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The topic of wealth, income, and making money is often discussed and viewed in a negative light. As entrepreneurs, I know you have goals of increasing your income. We all have the same 24 hours in a day, so those thriving financially must The energy and time you spend on creative excuses is better  
<https://www.entrepreneur.com/article/237400>

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That leaves you with eight hours a day of free time (or, better stated, time that is *Other 8 Hours: Maximize Your Free Time to Create New Wealth & Purpose*.  
<https://daringtolivefully.com/the-other-8-hours>

Robert Pagliarini *Your Other 8 Hours* *Other 8 Hours: Maximize Your Free Time to Create New Wealth & Purpose*" and the national best-seller  
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