

# **The Yoga Of Max's Discontent: A Novel**

**By Karan Bajaj**

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A man renounces a comfortable life in the West to pursue spiritual enlightenment in India in Bajaj's engrossing novel. In the wake of his

<https://www.publishersweekly.com/978-1-59463-411-6>

With his fourth novel, the first to be published outside of his native India, Karan Bajaj's The Yoga of Max's Discontent has quietly emerged as

[www.edgемagazine.net/2016/07/karan-bajaj/](http://www.edgемagazine.net/2016/07/karan-bajaj/)

The Yoga of Max's Discontent has 2020 ratings and 456 reviews. In this captivating and surprising novel of spiritual discovery—a No. 1 bestseller in Ind

<https://www.goodreads.com/book/show/26068115-the-yoga-of-max-s-discontent>

Yet my first novel was published in India at age 29. Let me give you an example from my new novel, The Yoga of Max's Discontent, which is

<https://www.penguinrandomhouse.com/.../writing-tips-from-karan-bajaj-author-of-the...>

As Max speaks to the falafel seller in The Yoga of Max's Discontent, Here are 12 pearls of wisdom that jumped out at me from the novel: 1.

<https://medium.com/.../12-pearls-of-wisdom-from-the-yoga-of-maxs-discontent-6ad0...>

Book Review: The Yoga of Max's Discontent by Karan Bajaj In this captivating and surprising novel of spiritual discovery—a No. 1 bestseller

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The average reader, reading at a speed of 300 WPM, would take approximately 4 hours and 45 minutes to read The Yoga of Max's Discontent: A Novel.

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Stephanie Spence shares writing, books, travel and yoga on her Expression Magazine, one-with-life ~ The Tales of The Traveling Yogini.

[one-with-life.com/travel/book-review-the-yoga-of-maxs-discontent-by-karan-bajaj/](http://one-with-life.com/travel/book-review-the-yoga-of-maxs-discontent-by-karan-bajaj/)

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Dawna Jones talks to best-selling author, Karan Bajaj, about his new book, The Yoga of Max's Discontent, and what it tells us about the

[www.management-issues.com/podcasts/377/the-yoga-of-maxs-discontent/](http://www.management-issues.com/podcasts/377/the-yoga-of-maxs-discontent/)

Hey there, Today is the launch of The Yoga of Max's Discontent a Novel by Karan Bajaj. When I received this book I was a little skeptical

[www.martinsalomon.com/blog/2016/5/3/the-yoga](http://www.martinsalomon.com/blog/2016/5/3/the-yoga)

The Yoga of Max's Discontent: Behind the Books with Karan Bajaj those like Max, in Karan Bajaj's latest novel The Yoga of Max's Discontent,

[www.signature-reads.com/.../the-yoga-of-maxs-discontent-behind-the-books-with-kar...](http://www.signature-reads.com/.../the-yoga-of-maxs-discontent-behind-the-books-with-kar...)

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The Yoga of Max's Discontent (Book) : Bajaj, Karan : In this captivating and surprising novel of spiritual discovery—a No. 1 bestseller in India—a young American

<https://seattle.bibliocommons.com/item/show/1820480115>

Your discontent with the world as it is will lead you to your union.” Bajaj's debut novel updates the classic formula of the yogic quest, from the

<https://www.kirkusreviews.com/book-reviews/karan.../the-yoga-of-maxs-discontent/>

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Our next round of book club will be hosted on Tuesday, December 6th, at 11:00 am (1 hr discussion at the Stroudsburg Location). Even if you cannot attend the  
<https://www.facebook.com/events/1124941637559383/>